

DIRECT SELLING STOCK WATCH

NOVEMBER 2005

BY VIDEOPLUS

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COMPANY NAME (PUBLIC NAME)	EXCHANGE MARCH	SYMBOL	TYPE OF SALES	2004		PE RATIO	EPS	52		OCTOBER MONTH CLOSE	NOVEMBER MONTH CLOSE	MONTH % CHANGE	YTD % CHANGE
				YEAR END	CHANGE			WEEK HIGH	WEEK LOW				
AMS HEALTH SCIENCES ,Inc	AMEX	AMM	NM	5.98	46%	N/A	-1.07	6.00	1.49	1	0.72	-28.00%	-88%
AVON PRODUCTS, INC.	NYSE	AVP	DS	38.7	15%	13.5	2.02	45.66	26.30	26.99	27.27	1%	-30%
BRAIN GARDEN (WHOLE LIVING INC.)	OTC BB	WLIV	NM	0.18	-70%	N/A	-0.04	0.21	0.07	0.12	0.115	-4%	-36%
COGNIGEN NETWORKS	OTC BB	CGNW	NM	0.391	56%	N/A	0.197	0.83	0.13	0.04	0.22	450%	-44%
ESSENTIALLY YOURS	OTC BB	EYII	NM	0.155	N/A	N/A	N/A	0.19	0.02	0.07	0.029	-59%	-81%
FEMONE INC., BIO PRO (FEMONE)	OTC BB	FEMO	NM	0.08	-91%	N/A	-0.09	0.20	0.01	0.01	0.012	20%	-85%
FULLER BRUSH & STANLEY HOME (CPAC INC.)	NASDAQ	CPAK	DS	5.4	-11%	N/A	-0.84	5.59	4.45	4.75	4.42	-6.95%	-18%
HERBALIFE LTD.	NYSE	HLF	NM	16.25	10%	N/A	0.17	30.50	14.00	26.9	28.81	7%	77%
MANNATECH	NASDAQ	MTEX	NM	19.04	75%	16.9	0.77	26.10	9.87	9.2	12.99	41%	-32%
NATURAL HEALTH TRENDS	NASDAQ	BHIP	NM	11	5%	N/A	0.58	18.89	8.70	10.01	10.02	0%	-9%
NATURE'S SUNSHINE PRODUCTS	NASDAQ	NATRE	NM	20.36	142%	16.7	1.10	23.89	11.60	19.35	18.34	-5%	-10%
NU SKIN ENTERPRISES, INC.	NYSE	NUS	NM	25.38	49%	14.8	1.17	25.86	16.26	16.84	17.33	3%	-32%
PRE PAID LEGAL SERVICES	NYSE	PPD	NM	37.55	44%	19.0	2.25	52.77	25.45	42.8	42.6901	0%	14%
RELIV' INTERNATIONAL	NASDAQ	RELV	NM	8.935	66%	25.7	0.38	11.35	6.50	8.98	9.78	9%	9%
ROYAL BODYCARE	OTC BB	ROBE	NM	0.18	-56%	30.0	0.03	0.75	0.15	0.52	0.9	73%	400%
TUPPERWARE	NYSE	TUP	PP	20.72	19%	13.6	1.69	24.68	16.36	22.93	23	0%	11%
USANA, INC.	NASDAQ	USNA	NM	34.2	12%	22.1	1.78	54.10	27.77	44.02	39.40	-10%	15%
USBORNE BOOKS AT HOME	NASDAQ	EDUC	PP	10.31	-7%	14.4	0.59	13.70	8.55	8.21	8.49	3%	-18%
VITACUBE SYSTEMS HOLDINGS (EXLER8)	AMEX	PRH	NM	3.55	-54%	3.8	0.47	3.90	1.00	1.8	1.45	-19%	-59%
REVENUE FROM DS,NM,PP LESS THAN 50% OF TOTAL REVENUE													
C2 GLOBAL TECH INC. (XPECTATIONS)	OTC BB	COBT.OB	NM	0.6	-72%	N/A	N/A	1.04	0.26	0.26	0.7	169%	17%
CARE ENTREE (PRECIS, INC.)	NASDAQ	PCIS	NM	2.661	-31%	N/A	-1.12	3.07	0.76	1.85	1.791	-3%	-33%
DARIUS/INNERLIGHT (QUIGLEY CORPORATION)	NASDAQ	QGLY	NM	8.428	-21%	1,410.0	0.01	10.50	7.27	8.13	14.1	73%	67%
HMI INDUSTRIES (FORMERLY HEALTH-MOR)	OTHER BB	HMI.I.PK	NM	0.33	-43%	N/A	-0.52	0.40	0.30	0.28	0.28	0%	-15%
KIRBY,WORLD BOOK, PAMPERED CHEF (BERKSHIRE HATHAWAY INC.)	NYSE	BRK/A	DS	87,900.00	5%	18.8	4736.38	92000.00	78800.00	85,900.00	89,200.00	4%	1%
TAKE SHAPE FOR LIFE (MEDIFAST, INC.)	NASDAQ	MED	NM	3.52	-75%	41.5	0.13	7.39	2.58	3.88	5.39	39%	53%
PARTYLITE (BLYTH INDUSTRIES INC.)	NYSE	BTH	PP	29.56	-8%	9.8	2.00	33.84	22.04	18.24	19.67	8%	-33%
PRIMERICA FINANCIAL SERVICES (CITIGROUP INC.)	NYSE	C	NM	48.18	-1%	12.0	4.05	49.99	42.10	45.78	48.63	6%	1%
TIENS BIOTECH GROUP	AMEX	TBV	NM	7	42%	13.1	0.36	7.50	3.68	3.7	4.7	27%	-33%
TIME-LIFE DIRECT, SOUTHERN LIVING AT HOME (TIME WARNER INC.)	NYSE	TWX	DS	19.45	8%	37.5	0.48	19.90	15.82	17.83	17.99	1%	-8%
FOREIGN STOCKS													
GOLDSHIELD GROUP PLC (CHANGES GOLDEN PRIDE RAWLEIGH)	LONDON	GB:289382	NM	4.79	26%	N/A	0.04	N/A	N/A	6.34	6.15	-3%	28%
TELECOM PLUS plc	LONDON	GB:87947	NM	4.26	-40%	N/A	N/A	N/A	N/A	2.73	2.38	-13%	-44%
AVERAGE % OF CHANGE												25%	0%
DOW JONES INDUSTRIALS				10,783.01	3%			11,027.20	9,660.18	10,440.07	10,805.87	1%	-2%
S&P 500				1,211.92	9%			1,245.86	1,090.29	1,207.01	1,249.48	4%	3%
NASDAQ COMPOSITE				2,175.44	9%			2,219.91	1,889.83	2,120.30	2,232.82	5%	3%

NOTES:

NATURE'S SUNSHINE PRODUCTS TICKER HAS CHANGED TO NATRE