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COMPANY NAME (PUBLIC NAME)	EXCHANGE MARCH	SYMBOL	TYPE OF SALES	2004 YEAR END	CHANGE	PE RATIO	EPS	52 WEEK HIGH	52 WEEK LOW	SEPTEMBER MONTH CLOSE	OCTOBER MONTH CLOSE	MONTH % CHANGE	YTD % CHANGE
AMS HEALTH SCIENCES ,Inc	AMEX	AMM	NM	5.98	46%	N/A	-1.07	6.00	0.90	1.71	1	-42%	-83%
AVON PRODUCTS, INC.	NYSE	AVP	DS	38.7	15%	13.4	2.02	45.66	24.63	27	26.99	0%	-30%
BRAIN GARDEN (WHOLE LIVING INC.)	OTC BB	WLIV	NM	0.18	-70%	N/A	-0.04	0.21	0.07	0.14	0.12	-14%	-33%
COGNIGEN NETWORKS	OTC BB	CGNW	NM	0.391	56%	N/A	0.197	0.83	0.13	0.49	0.4	-18%	2%
ESSENTIALLY YOURS	OTC BB	EYII	NM	0.155	N/A	N/A	N/A	0.19	0.02	0.1	0.07	-30%	-55%
FEMONE INC., BIO PRO (FEMONE)	OTC BB	FEMO	NM	0.08	-91%	N/A	-0.09	0.15	0.01	0.013	0.01	-23%	-88%
FULLER BRUSH & STANLEY HOME (CPAC INC.)	NASDAQ	CPAK	DS	5.4	-11%	N/A	-0.84	5.59	4.00	5	4.75	-5%	-12%
HERBALIFE LTD.	NYSE	HLF	NM	16.25	10%	N/A	0.17	30.50	14.00	30.14	26.9	-11%	66%
MANNATECH	NASDAQ	MTEX	NM	19.04	75%	11.9	0.77	26.10	8.17	11.85	9.2	-22%	-52%
NATURAL HEALTH TRENDS	NASDAQ	BHIP	NM	11	5%	N/A	0.58	18.89	8.70	14.99	10.01	-33%	-9%
NATURE'S SUNSHINE PRODUCTS	NASDAQ	NATR	NM	20.36	142%	17.8	1.09	23.89	11.60	23.24	19.35	-17%	-5%
NU SKIN ENTERPRISES, INC.	NYSE	NUS	NM	25.38	49%	14.9	1.13	25.86	15.35	19.05	16.84	-12%	-34%
PRE PAID LEGAL SERVICES	NYSE	PPD	NM	37.55	44%	19.3	2.22	52.77	27.78	38.7	42.8	11%	14%
RELIV' INTERNATIONAL	NASDAQ	RELV	NM	8.935	66%	23.6	0.38	11.35	6.90	9.16	8.98	-2%	1%
ROYAL BODYCARE	OTC BB	ROBE	NM	0.18	-56%	17.3	0.03	0.75	0.15	0.51	0.52	2%	189%
TUPPERWARE	NYSE	TUP	PP	20.72	19%	13.6	1.69	24.68	16.49	22.78	22.93	1%	11%
USANA, INC.	NASDAQ	USNA	NM	34.2	12%	23.2	1.90	54.10	27.77	47.7	44.02	-8%	29%
USBORNE BOOKS AT HOME	NASDAQ	EDUC	PP	10.31	-7%	14.2	0.58	13.04	7.80	9.31	8.21	-12%	-20%
VITACUBE SYSTEMS HOLDINGS (EXLER8)	AMEX	PRH	NM	3.55	-54%	3.8	0.47	3.90	1.00	1.6	1.8	13%	-49%

VENUE FROM DS,NM,PP LESS THAN 50% OF TOTAL REVENUE

C2 GLOBAL TECH INC. (XPECTATIONS)	OTC BB	COBT.OB	NM	0.6	-72%	N/A	N/A	1.04	0.26	0.28	0.26	-7%	-57%
CARE ENTREE (PRECIS, INC.)	NASDAQ	PCIS	NM	2.661	-31%	N/A	-1.12	2.75	0.76	1.51	1.85	23%	-30%
DARIUS/INNERLIGHT (QUIGLEY CORPORATION)	NASDAQ	QGLY	NM	8.428	-21%	40.7	0.20	10.50	7.25	9.02	8.13	-10%	-4%
HMI INDUSTRIES (FORMERLY HEALTH-MOR)	OTHER BB	HMII.PK	NM	0.33	-43%	N/A	-0.52	0.40	0.28	0.3	0.28	-7%	-15%
KIRBY,WORLD BOOK, PAMPERED CHEF (BERKSHIRE HATHAWAY INC.)	NYSE	BRK/A	DS	87,900.00	5%	18.1	4736.38	92000.00	78800.00	82,000.00	85,900.00	5%	-2%
TAKE SHAPE FOR LIFE (MEDIFAST, INC.)	NASDAQ	MED	NM	3.52	-75%	29.8	0.13	7.39	2.58	4	3.88	-3%	10%
PARTYLITE (BLYTH INDUSTRIES INC.)	NYSE	BTH	PP	29.56	-8%	9.1	2.00	33.84	17.70	22.29	18.24	-18%	-38%
PRIMERICA FINANCIAL SERVICES (CITIGROUP INC.)	NYSE	C	NM	48.18	-1%	10.4	4.41	49.99	42.91	45.52	45.78	1%	-5%
TIENS BIOTECH GROUP	AMEX	TBV	NM	7	42%	10.3	0.36	7.50	2.82	3.77	3.7	-2%	-47%
TIME-LIFE DIRECT, SOUTHERN LIVING AT HOME (TIME WARNER INC.)	NYSE	TWX	DS	19.45	8%	37.1	0.48	19.90	16.10	18.11	17.83	-2%	-8%

FOREIGN STOCKS

GOLDSHIELD GROUP PLC (CHANGES GOLDEN PRIDE RAWLEIGH)	LONDON	GB:289382	NM	4.79	26%	N/A	0.04	N/A	N/A	6.15	6 17/50	3%	32%
TELECOM PLUS plc	LONDON	GB:87947	NM	4.26	-40%	N/A	N/A	N/A	N/A	2.38	2 73/100	15%	-36%

AVERAGE % OF CHANGE

DOW JONES INDUSTRIALS				10,783.01	3%			11,027.20	9,953.29	10,568.70	10,440.07	-1%	-3%
S&P 500				1,211.92	9%			1,245.86	1,127.60	1,228.81	1,207.01	-2%	0%
NASDAQ COMPOSITE				2,175.44	9%			2,219.91	1,889.83	2,151.69	2,120.30	-1%	-3%

NOTES:

ACCERIS COMMUNICATIONS(XPECTATIONS) NAME AND TICKER HAVE CHANGED TO C2 GLOBAL TECH INC. (COBT.OB)