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COMPANY NAME (PUBLIC NAME)	EXCHANGE MARCH	SYMBOL	TYPE OF SALES	2004		PE RATIO	EPS	52 WEEK HIGH	52 WEEK LOW	AUGUST MONTH CLOSE	SEPTEMBER		YTD % CHANGE
				YEAR END	CHANGE						MONTH CLOSE	MONTH % CHANGE	
AMS HEALTH SCIENCES ,Inc	AMEX	AMM	NM	5.98	46%	N/A	-1.07	6.00	1.49	1.49	1.71	15%	-71%
AVON PRODUCTS, INC.	NYSE	AVP	DS	38.7	15%	13.4	2.02	45.66	26.30	32.82	27	-18%	-30%
BRAIN GARDEN (WHOLE LIVING INC.)	OTC BB	WLIV	NM	0.18	-70%	N/A	-0.04	0.21	0.07	0.16	0.14	-13%	-22%
COGNIGEN NETWORKS	OTC BB	CGNW	NM	0.391	56%	N/A	0.197	0.83	0.13	0.5	0.49	-2%	25%
ESSENTIALLY YOURS	OTC BB	EYII	NM	0.155	N/A	N/A	N/A	0.19	0.02	0.07	0.1	43%	-35%
FEMONE INC., BIO PRO (FEMONE)	OTC BB	FEMO	NM	0.08	-91%	N/A	-0.09	0.20	0.01	0.01	0.013	30%	-84%
FULLER BRUSH & STANLEY HOME (CPAC INC.)	NASDAQ	CPAK	DS	5.4	-11%	N/A	-0.84	5.59	4.45	4.75	5	5%	-7%
HERBALIFE LTD.	NYSE	HLF	NM	16.25	10%	N/A	0.17	30.50	14.00	29.6	30.14	2%	85%
MANNATECH	NASDAQ	MTEX	NM	19.04	75%	15.4	0.77	26.10	9.87	12.44	11.85	-5%	-38%
NATURAL HEALTH TRENDS	NASDAQ	BHIP	NM	11	5%	N/A	0.58	18.89	8.70	15.82	14.99	-5%	36%
NATURE'S SUNSHINE PRODUCTS	NASDAQ	NATR	NM	20.36	142%	21.1	1.10	23.89	11.60	21.6	23.24	8%	14%
NU SKIN ENTERPRISES, INC.	NYSE	NUS	NM	25.38	49%	16.3	1.17	25.86	16.26	21.34	19.05	-11%	-25%
PRE PAID LEGAL SERVICES	NYSE	PPD	NM	37.55	44%	17.2	2.25	52.77	25.45	40.49	38.7	-4%	3%
RELIV' INTERNATIONAL	NASDAQ	RELV	NM	8.935	66%	24.1	0.38	11.35	6.50	9.27	9.16	-1%	3%
ROYAL BODYCARE	OTC BB	ROBE	NM	0.18	-56%	17.0	0.03	0.75	0.15	0.7	0.51	-27%	183%
TUPPERWARE	NYSE	TUP	PP	20.72	19%	13.5	1.69	24.68	16.36	21.92	22.78	4%	10%
USANA, INC.	NASDAQ	USNA	NM	34.2	12%	26.8	1.78	54.10	27.77	52	47.7	-8%	39%
USBORNE BOOKS AT HOME	NASDAQ	EDUC	PP	10.31	-7%	15.8	0.59	13.70	8.55	10.05	9.31	-7%	-10%

VENUE FROM DS,NM,PP LESS THAN 50% OF TOTAL REVENUE

C2 GLOBAL TECH INC. (XPECTATIONS)	OTC BB	COBT.OB	NM	0.6	-72%	N/A	N/A	1.04	0.26	0.3	0.28	-7%	-53%
CARE ENTREE (PRECIS, INC.)	NASDAQ	PCIS	NM	2.661	-31%	N/A	-1.12	3.07	0.76	1.24	1.51	22%	-43%
DARIUS/INNERLIGHT (QUIGLEY CORPORATION)	NASDAQ	QGLY	NM	8.428	-21%	902.0	0.01	10.50	7.27	9.21	9.02	-2%	7%
HMI INDUSTRIES (FORMERLY HEALTH-MOR)	OTHER BB	HMI.I.PK	NM	0.33	-43%	N/A	-0.52	0.40	0.30	0.3	0.3	0%	-9%
KIRBY,WORLD BOOK, PAMPERED CHEF (BERKSHIRE HATHAWAY INC.)	NYSE	BRK/A	DS	87,900.00	5%	17.3	4736.38	92000.00	78800.00	83,150.00	82,000.00	-1%	-7%
TAKE SHAPE FOR LIFE (MEDIFAST, INC.)	NASDAQ	MED	NM	3.52	-75%	30.8	0.13	7.39	2.58	4.11	4	-3%	14%
PARTYLITE (BLYTH INDUSTRIES INC.)	NYSE	BTH	PP	29.56	-8%	11.1	2.00	33.84	22.04	24.85	22.29	-10%	-25%
PRIMERICA FINANCIAL SERVICES (CITIGROUP INC.)	NYSE	C	NM	48.18	-1%	11.2	4.05	49.99	42.10	43.77	45.52	4%	-6%
TIENS BIOTECH GROUP	AMEX	TBV	NM	7	42%	10.5	0.36	7.50	3.68	4.2	3.77	-10%	-46%
TIME-LIFE DIRECT, SOUTHERN LIVING AT HOME (TIME WARNER INC.)	NYSE	TWX	DS	19.45	8%	37.7	0.48	19.90	15.82	17.92	18.11	1%	-7%

FOREIGN STOCKS

GOLDSHIELD GROUP PLC (CHANGES GOLDEN PRIDE RAWLEIGH)	LONDON	GB:289382	NM	4.79	26%	N/A	0.04	N/A	N/A	5.77	6.15	7%	28%
TELECOM PLUS plc	LONDON	GB:87947	NM	4.26	-40%	N/A	N/A	N/A	N/A	2.8	2.38	-15%	-44%

AVERAGE % OF CHANGE

DOW JONES INDUSTRIALS				10,783.01	3%			11,027.20	9,660.18	10,481.60	10,568.70	1%	-2%
S&P 500				1,211.92	9%			1,245.86	1,090.29	1,220.33	1,228.81	1%	1%
NASDAQ COMPOSITE				2,175.44	9%			2,219.91	1,889.83	2,152.09	2,151.69	0%	-1%

NOTES:

ACCERIS COMMUNICATIONS(XPECTATIONS) NAME AND TICKER HAVE CHANGED TO C2 GLOBAL TECH INC. (COBT.OB)