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COMPANY NAME (PUBLIC NAME)	EXCHANGE MARCH	SYMBOL	TYPE OF SALES	2006 YEAR END	CHANGE	PE RATIO	EPS	52 WEEK HIGH	52 WEEK LOW	MARCH MONTH CLOSE	APRIL MONTH CLOSE	MONTH % CHANGE	YTD % CHANGE
AMS HEALTH SCIENCES, INC	AMEX	AMM	NM	0.54	19%	N/A	-0.28	0.95	0.40	0.65	0.64	-2%	19%
AVON PRODUCTS, INC.	NYSE	AVP	DS	33.04	20%	37	1.06	40.24	26.16	37.26	39.80	7%	20%
FOREVERGREEN	OTC BB	FVRG.OB	NM	1.75	31%	N/A	N/A	9.48	6.06	2.45	2.30	-6%	31%
COGNIGEN NETWORKS	OTC BB	CGNW.OB	NM	0.068	3%	N/A	-0.14	0.23	0.06	0.07	0.07	0%	3%
FEMONE INC., BIO PRO (ACTIS GLOBAL VENTURE)	OTC BB	AGLV.OB	NM	0.004	150%	N/A	N/A	0.11	0.01	0.01	0.01	0%	150%
HERBALIFE LTD.	NYSE	HLF	NM	40.16	0%	21	1.92	42.54	27.73	39.16	40.19	3%	0%
MANNATECH	NASDAQ	MTEX	NM	14.73	5%	13	1.19	20.25	10.99	16.06	15.46	-4%	5%
NATURAL HEALTH TRENDS	NASDAQ	BHIP	NM	1.5	59%	N/A	-1.42	7.14	1.26	1.85	2.39	29%	59%
NATURE'S SUNSHINE PRODUCTS	OTC BB	NATR.PK	NM	11.55	0%	N/A	N/A	12.60	8.15	11.76	11.60	-1%	0%
NU SKIN ENTERPRISES, INC.	NYSE	NUS	NM	18.23	-5%	37	0.47	19.42	13.40	16.55	17.33	5%	-5%
PRE PAID LEGAL SERVICES	NYSE	PPD	NM	39.13	46%	15	3.75	61.36	32.15	50.11	57.05	14%	46%
RELIV' INTERNATIONAL	NASDAQ	RELV	NM	8.68	23%	23	0.47	11.65	6.46	10.94	10.65	-3%	23%
RBC LIFE SCIENCES INC	OTC BB	RBCL.OB	NM	0.21	252%	37	0.02	1.10	0.21	0.47	0.74	57%	252%
TUPPERWARE	NYSE	TUP	PP	22.61	24%	18	1.60	28.30	17.06	24.91	28.12	13%	24%
USANA, INC.	NASDAQ	USNA	NM	51.66	-23%	17	2.34	61.80	35.06	46.87	39.84	-15%	-23%
USBORNE BOOKS AT HOME	NASDAQ	EDUC	PP	7.25	10%	13	0.63	8.58	6.10	7.84	7.95	1%	10%
VITACUBE SYSTEMS HOLDINGS (XLER8)	AMEX	BZI*	NM	0.62	255%	N/A	-0.48	2.40	0.19	1.64	2.20	34%	255%
REVENUE FROM DS,NM,PP LESS THAN 50% OF TOTAL REVENUE													
CARE ENTREE (ACCESS PLANS USA INC.)	NASDAQ	AUSA	NM	2.06	-4%	N/A	-0.57	2.90	1.05	2.35	1.98	-16%	-4%
DARIUS/INNERLIGHT (QUIGLEY CORPORATION)	NASDAQ	QGLY	NM	5.69	15%	N/A	-0.14	10.99	5.09	7.46	6.56	-12%	15%
KIRBY,WORLD BOOK, PAMPERED CHEF (BERKSHIRE HATHAWAY INC.)	NYSE	BRK-A	PP	109,990.00	-1%	15	7,144.21	114,500.00	87,800.00	108,990.00	109,200.00	0%	-1%
TAKE SHAPE FOR LIFE (MEDIFAST, INC.)	NYSE	MED	NM	12.58	-42%	19	0.38	21.15	5.92	7.15	7.30	2%	-42%
PARTYLITE (BLYTH INDUSTRIES INC.)	NYSE	BTH	PP	20.75	26%	N/A	-2.58	27.52	16.29	21.10	26.10	24%	26%
PRIMERICA FINANCIAL SERVICES (CITIGROUP INC.)	NYSE	C	NM	55.7	-4%	13	4.19	57.00	46.22	51.34	53.62	4%	-4%
TIENS BIOTECH GROUP	AMEX	TBV	NM	3.93	6%	11	0.37	8.24	2.61	4.52	4.17	-8%	6%
TIME-LIFE DIRECT, SOUTHERN LIVING AT HOME (TIME WARNER INC.)	NYSE	TWX	DS	21.78	-5%	13	1.55	23.15	15.70	19.73	20.63	5%	-5%
FOREIGN STOCKS*													
GOLDSHIELD GROUP PLC (GOLDEN PRIDE RAWLEIGH)	LONDON	GSD.L	NM	5.21	-8%	N/A	N/A	7.14	3.36	3.33	4.81	44%	-8%
NATURA COSMETICS	SAO PAOLO	NATU3.SA	DS	14.46	-18%	N/A	0.00	15.60	9.38	12.74	11.80	-7%	-6%
TELECOM PLUS plc	LONDON	TEP.L	NM	3.82	9%	N/A	N/A	4.62	1.73	3.86	4.18	8%	9%
ORIFLAME COSMETICS	STOCKHOLM	ORI-SDB.ST	NM	40.25	31%	N/A	0.00	50.61	31.53	38.41	52.85	38%	31%
L'OREAL (BODY SHOP AT HOME)	PARIS	OR.PA	PP	15.23	20%	N/A	0.00	18.49	13.60	15.96	18.27	14%	20%
AVERAGE % OF CHANGE												8%	30%
DOW JONES INDUSTRIALS				12,463.15	5%			13,197.50	10,653.20	12,354.35	13,062.92	6%	5%
S&P 500				1,418.30	5%			1,498.02	1,219.29	1,420.86	1,482.37	4%	5%
NASDAQ COMPOSITE				2,415.29	5%			2,562.99	2,012.78	2,421.64	2,525.09	4%	5%

NOTES: *Foreign Stocks Converted to US dollars